

Psychiatric Services of Prescott P.L.L.C.

PATIENT INTAKE FORM- Confidential

Please complete all the following information prior to your first visit. If there are questions you are unable to answer, or are uncomfortable answering, just leave them blank. Providing us with thorough information prior to your evaluation helps make your appointment time more efficient. If you wish to add supplementary information, please attach an extra page or add to the last page. Thank you for your time.

REFERRAL INFORMATION

Name _____ Date of Birth _____ Age _____

What are the problem(s)/ issues that bring you to this appointment?

What are your treatment goals/ what do you hope to achieve from your appointment?

| | | | | | |
|---------------------------------|--|--------------------------------|--|------------------------------|--|
| Depressed mood | | Irritability | | Paranoia/suspiciousness | |
| Fatigue | | Anger problems | | Hallucinations | |
| Lack of enjoyment in activities | | Decreased sleep | | Social Media Issues | |
| Decreased sex drive | | Increased sex drive | | Disorganized thoughts | |
| Feelings of hopelessness | | Racing thoughts | | Homicidal thoughts | |
| Sleep problems | | Excessive energy | | Self-harm thoughts | |
| Weight change | | Impulsivity | | Marital problems | |
| Avoidance of activities | | Thoughts of hurting others | | School problems | |
| Crying spells | | Excessive worry | | Problems with family/friends | |
| Excessive guilt | | Muscle tension | | Problems with work | |
| Lack of concentration | | Anxiety Attacks | | Legal problems | |
| Feelings of worthlessness | | Obsessions or compulsions | | Housing problems | |
| Memory problems | | Flashbacks to trauma | | Physical reactions to stress | |
| Mood swings | | Nightmares | | Bullying | |
| Gambling | | Mania | | Sexual problems | |
| Substance abuse | | Purging/Laxatives/Binge Eating | | Other Addictions | |

List other history /symptoms here:

Suicide /Safety Risk Assessment:

Have you ever harmed yourself on purpose? () YES () NO

Patient Name: _____

Have you ever assaulted anyone? () YES () NO
Do you have thoughts of harming anyone? () YES () NO
Do you have plans to harm anyone? () YES () NO
Have you ever had feelings that you don't want to live? () YES () NO
If yes, answer the following. (If no, skip to next section.)

Do you currently feel that you don't want to live? () YES () NO
Do you have a plan for suicide at this time? () YES () NO
Is the method readily available? () YES () NO
When was the last time you had thoughts of dying? _____
How often are these thoughts present? _____
Have you ever attempted suicide before? () YES () NO
If so, what was the method, and when did this occur? _____
Access to weapons in the home () YES () NO

MEDICAL HISTORY

Primary Care Physician: _____ Phone number: _____

Date of last physical exam: _____ Date of last labs: _____

Allergies: _____ Preferred Pharmacy: _____

List All Current Medications/Supplements: *(include psychiatric and medical)* Attach a list if necessary.

| Medication | Dose | Reason | Prescribed by |
|------------|------|--------|---------------|
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Exercise level:
How frequently do you exercise? _____

Patient Name: _____

What type of exercise do you do? _____

Do you eat a healthy diet? () YES () NO

Medical illnesses/surgeries please list:

History of head injury: () YES () NO **If yes, please explain:**

Seizures: () YES () NO

Review of current physical symptoms:

General () YES () NO

(Fever, weight changes, fatigue)

Dermatologic () YES () NO

(Rash, sensitivities)

Gastrointestinal () YES () NO

(Diarrhea, constipation)

Cardiovascular () YES () NO

(Chest pain, palpitations)

Genitourinary () YES () NO

Painful or frequent urination,

Impotence

Musculoskeletal () YES () NO

(Pain, injury, stiffness)

Eyes/Ears/nose

Throat/mouth () YES () NO

(Vision change, hearing loss,
dental)

Hematological () YES () NO

(Bruising, blood loss)

Respiratory () YES () NO

(shortness of breath, wheezing)

Other physical symptoms- _____

For women only: If not applicable, skip to next section.

Date of last menses: _____

Are you now pregnant? () YES () NO

Are you planning to get pregnant? () YES () NO

Current birth control () YES () NO

If yes, which type _____

PSYCHIATRIC/SUBSTANCE ABUSE TREATMENT HISTORY

Outpatient treatment: () YES () NO

Reason: _____

Patient Name: _____

Dates: _____

By whom: _____

Current Therapist/counselor: _____ Phone number: _____

How often do you see your therapist? _____

Inpatient Treatment history: () YES () NO If no, skip to next section.

| Date | Name of Facility | Location | Reason |
|------|------------------|----------|--------|
| | | | |
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Substance Use History:

Have you ever been treated for alcohol or drug abuse? () YES () NO

If yes, for which substance, when and where was the treatment? _____

Do you think that you may have a problem with alcohol or drugs? () YES () NO

If yes, which ones? _____

How many days weekly do you drink alcohol? _____

Longest period of sobriety _____

History of IV use: () YES () NO

| Substance | No Use | Last Use | Amount | Frequency | Duration (years) |
|-----------------|--------|----------|--------|-----------|------------------|
| Alcohol | | | | | |
| Opiates | | | | | |
| Benzodiazepines | | | | | |
| Amphetamines | | | | | |
| Marijuana | | | | | |
| Cocaine | | | | | |
| Nicotine | | | | | |
| Hallucinogens | | | | | |
| Inhalants | | | | | |
| Other | | | | | |

Past Psychiatric medications: Please skip if never tried medication

| Antidepressants | Helpful | Not helpful | Never Took | Mood Stabilizers | Helpful | Not Helpful | Never Took |
|-------------------|---------|-------------|------------|------------------------|---------|-------------|------------|
| Celexa/citalopram | | | | Depakote/valproic acid | | | |

| | | | | | | | |
|---------------------------------------|----------------|--------------------|-------------------|----------------------------|----------------|--------------------|-------------------|
| Cymbalta/duloxetine | | | | Lamictal/lamotrigine | | | |
| Effxor/venlafaxine | | | | Lithium | | | |
| Lexapro/escitalopram | | | | Tegretol | | | |
| Paxil/paroxetine | | | | Topamax/topiramate | | | |
| Pristiq/desvenlafaxine | | | | Gabapentin | | | |
| Remeron/mirtazapine | | | | Trileptal | | | |
| Prozac/fluoxetine | | | | Other | | | |
| Viibryd/vilazodone | | | | Sedatives/hypnotics | Helpful | Not Helpful | Never Took |
| Wellbutrin/bupropion | | | | Ambien/zolpidem | | | |
| Zoloft/sertraline | | | | Doxepin | | | |
| Trintellix/vortioxetine | | | | Lunesta/eszopiclone | | | |
| Other | | | | Restoril/temazepam | | | |
| Antipsychotic/Mood Stabilizers | Helpful | Not Helpful | Never Took | Rozerem | | | |
| Vraylar/cariprazine | | | | Trazodone | | | |
| Abilify/aripiprazole | | | | Belsomra | | | |
| Clozaril/clozapine | | | | Other | | | |
| Geodon/ziprasidone | | | | Stimulants | Helpful | Not Helpful | Never Took |
| Haldol/haloperidol | | | | Ritalin/methylphenidate | | | |
| Invega/paliperidone | | | | Adderall/amphetamine | | | |
| Latuda/larasideone | | | | Strattera/atomoxetine | | | |
| Rexulti | | | | Concerta | | | |
| Risperdal/risperidone | | | | Intuniv/guanfacine | | | |
| Seroquel/quetiapine | | | | Vyvanse | | | |
| Saphris/asenapine | | | | Other | | | |
| Zyprexa/olanzapine | | | | Other | Helpful | Not Helpful | Never Took |
| Other | | | | Vivitrol/naltrexone | | | |
| Anxiolytic | Helpful | Not Helpful | Never Took | Methadone | | | |
| Valium/diazepam | | | | Clonidine | | | |
| Buspar/buspirone | | | | Suboxone | | | |
| Klonopin/clonazepam | | | | Other | | | |
| Xanax/alprazolam | | | | | | | |
| Hydroxyzine | | | | | | | |
| Ativan/lorazepam | | | | | | | |
| Other | | | | | | | |

Family background and Childhood History:

Where were you born? _____

Where did you grow up? _____

Were you adopted? _____

Did you have any problems with early development (learning to walk and talk, etc.)? () YES () NO

Did you or any family members suffer from any major illness while you were growing up?

() YES () NO Please describe:

List your siblings and their ages. _____

What was your mother's occupation? _____

Describe your mother and your relationship with her. _____

What was your father's occupation? _____

Describe your father and your relationship with him. _____

Did your parents' divorce? () YES () NO

If so, who did you live with and what was your age at the time of the divorce? _____

Trauma history:

Do you have a history of emotional, physical, sexual abuse or neglect? () YES () NO

If so, please describe when, where and by whom. _____

Have you lived through an experience that you or others consider to be traumatic? () YES () NO

If so, what and when? _____

Has anyone close to you died? () YES () NO

If so, who and when? _____

Family Mental Health History:

Has anyone in your family been diagnosed with a psychiatric illness? () YES () NO

If yes, who had what problems? _____

Have any family members been treated with psychiatric medications? () YES () NO

If so which medications? _____

Is there any family history of suicide? () YES () NO

Is there any family history of substance abuse/ dependence? () YES () NO

If yes, who had what problems? _____

Educational History:

If a currently student, where do you attend school and which grade are you in?

For adults:

Did you attend college? () YES () NO

What is the highest level of education you have achieved? _____

Occupational History:

Patient Name: _____

Are you currently () a full time student () working () not working by choice () unemployed () disabled () retired

If applicable what is or was your occupation? _____

Where do you work and for how long? _____

Relationship History and Living Situation:

Are you currently () in a relationship () single () married () divorced () widowed for how long? _____

How many marriages have you had? _____

If in a relationship what is or was your spouse's/partner's occupation? _____

Describe your relationship. _____

What is your sexual orientation? _____

What are your preferred pronouns? _____

If you have children, list ages and gender. _____

Describe your relationship with your children. _____

For children and Adults:

Who lives in your home with you at this time? _____

Do you have someone who you can confide in when you are under stress? () YES () NO

Do you have any pets? () YES () NO If yes, what type? _____

Legal history:

Have you ever been arrested? If so, for what and when? _____

Do you have any pending legal issues? If so, for what and when? _____

Spirituality:

If you were raised practicing any religion, which one? _____

Do you belong to any spiritual group or religion now? _____

Which religion _____

Is your spiritual life important to you? _____

Do you practice your faith regularly? _____

is your spirituality/faith available and helpful to you when you are in difficult situations? () YES () NO

Additional information that you would like the doctor to know:

Patient Name: _____

Signature: _____

Name: _____

Date: _____